

# RESOURCE GUIDE



Office of  
Mental Health



## Hamilton County

This resource guide includes information about where you can find help in your local community. All the programs and services listed below allow you to self-refer and some may offer walk-in appointments.

### Crisis Services & Support

#### Mobile Crisis (Hamilton County Mental Health)

24/7 number to call in moments of mental health crisis.

1 (800) 533-8443

Crisis team can rapidly respond to you at your home or in the community if necessary.

#### Hamilton County Department of Social Services

139 White Birch Ln, Indian Lake, NY 12842

(518) 648-6131

**Hours:** Monday—Friday, 8 am—4:30 pm

Call **211** after hours.

### Mental Health Treatment & Rehabilitation

#### Hamilton County Mental Health Clinic

Outpatient clinic.

83 White Birch Ln, Indian lake, NY 12842

(518) 648-5355

**Hours:** Mon-Fri 8:30 am-4:30 pm. Call to inquire about intake. Satellite site at Lane Emporium in Speculator.

#### Saranac Lake Behavioral Health Services

Outpatient clinic with walk-in capability.

70 Edgewood Dr, Saranac Lake, NY 12983

(518) 891-5535

**Hours:** Mon/Thurs 8 am-7 pm, Tues/Wed/Fri 8 am-5 pm

Call to inquire about intake. Walk-ins also accepted.

#### The Family Counseling Center

Outpatient clinic with walk-in capability.

11-21 Broadway, Gloversville, NY 12078

(518) 725-4310

**Hours:** Mon-Thurs 8 am-7 pm, Fri 8 am-5 pm. Call to inquire about intake. Walk-ins also accepted anytime.

#### Hamilton County Single Point of Access (SPOA)

County program for mental health, support, and housing.

(518) 648-5355

Call between 8:30 am and 4:30 pm.

Developing program that connects you with various mental health resources. Even just calling can be very useful.

### Peer Support Services

#### Hamilton County Mental Health Warmline

Non-crisis number to call for emotional support/resources.

1 (888) 853-9995

**Hours:** 7 days a week, 7 pm—10 pm.

If in crisis, call mobile crisis number (see above).

#### Nearby Drop-In Centers

Informal group-focused settings for mutual recovery.

**Leisure Lounge:** 33 Bleecker St, 2nd Flr, Gloversville, NY 12078; Mon/Wed 12 pm-3 pm; (518) 762-5332 x103.

**Mountain Crest:** 43 River St, Saranac Lake, NY 12983; (518) 891-2549. Call for more information.

## Addiction or Substance Use Treatment and Support

### The Family Counseling Center

Outpatient clinic has walk-in accessible SUD services.

11-21 Broadway, Gloversville, NY 12078

(518) 725-4310

**Hours:** Mon-Thurs 8 am-7 pm, Fri 8 am-5 pm.

Call or walk-in anytime.

### MATTERS Network

Substance use and peer support services.

(765)-MATTERS

Telehealth appointments available daily 11 am—11 pm.

They can prescribe or refer out to local outpatient resources.

### Saranac Lake Behavioral Health Services

Outpatient clinic has walk-in accessible SUD services.

70 Edgewood Dr, Saranac Lake, NY 12983

(518) 891-5535

**Hours:** Mon/Thurs 8 am-7 pm, Tues/Wed/Fri 8 am-5 pm Call or walk-in anytime.

**Alcoholics Anonymous (AA):** (315) 732-6880

**Narcotics Anonymous (NA):** (315) 847-3842

Call 24/7 for information on groups in the Hamilton County area.

**OASAS 24-Hour Hopeline:** 1 (877)-8-HOPENY

## Other Services

### Central New York Health Home Network (CNYHHN)

Care management service.

(855) 784-1262

Eligibility is contingent on having two chronic conditions

**OR** a single qualifying serious chronic condition (including schizophrenia and bipolar disorder).

### Healthy Alliance

Social care network.

(315) 505-2290

Call to inquire about being connected to a network of professionals who can help manage every facet of your care.

To find more mental health programs and services, visit our website at: [www.omh.ny.gov](http://www.omh.ny.gov)



BeWell.ny.gov

